

PROGRAM DESCRIPTION

Kinder Camp- for children ages 4 & 5 runs from 9:00am-12:30pm daily

Full Day Camp-for children ages 5 & up runs from 9:00am-4:30pm Daily (must be 5yrs by end of August)

Extra Care- available;
8:30-9:00am \$5.00/day
4:30-5:30pm \$10.00/day



Register for Full Week

Or

Register for Single Days

Don't forget, you can sign up for the full week, or you can sign up for single days. As an added bonus, non-members can register for up to 3 single days without paying the Registration/Insurance Fee! This fee must be paid after the 3rd day.

Single Day Registrations must be booked at least 3 days prior to attendance.



SCHEDULE

WK	DATES	THEMES
1	JULY 8-12	Kickn' it Ninja Style
2	JULY 15-19	Cirque du HGA
3	JULY 22-26	Gameshow Maddness
4	July 29-August 2	HGA School of Witchcraft & Wizardry
5	AUGUST 12-16	X-treme Adventure
6	AUGUST 19-23	Superhero Training Camp

There is no camp during the short week of August 5-9

Half Day Kinder Camp

\$180.00 full week
\$40.00/day

Full Day Camp

\$285.00 full week
\$60.00/day



ADD \$50.00

REGISTRATION/INSURANCE FEE

FOR NON MEMBERS

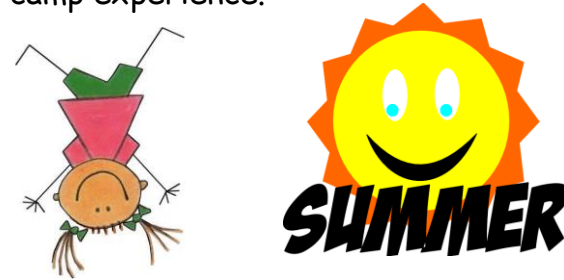
REGISTERING FOR FULL WEEK,

OR AFTER THE 3RD DAY

- Non Members pay; the non refundable \$50.00 HGA registration/insurance fee that also includes compulsory registration and insurance with Gymnastics Ontario (G.O). G.O insurance is valid- July 1, 2019-June 30,2020.

OUR STAFF MAKE THE DIFFERENCE

Every year we provide your children with top notch gymnastic coaches/ camp councillors. All of our staff are NCCP trained, and have their CPR training. We ensure a low ratio of gymnasts per coach. Safety is front and centre for all of our activities. Camp staff are dedicated to providing your child with an awesome camp experience.



WHAT DOES A TYPICAL CAMP DAY LOOK LIKE?

9:00-9:30- Games in the Gym
9:30-10:45- Kinder Camp in Gym
Full Day Game or Craft Activity
10:45-11:00-Snack Break
11:00-12:30-Kinder Camp Game or Craft Activity
Full Day in the Gym
12:30-Kinder Campers Home Time
12:30-1:00-Lunch
1:00-3:00- Gym Time
3:00-3:20- Snack Break
3:20- 4:30- Game or Craft Activity
4:30- Home Time

HOW TO REGISTER

Go to our website at: www.hamiltongym.ca to register Online with your credit card. OR You can still register at the gym and pay by cash or debit.

PROGRAM EXPECTATIONS

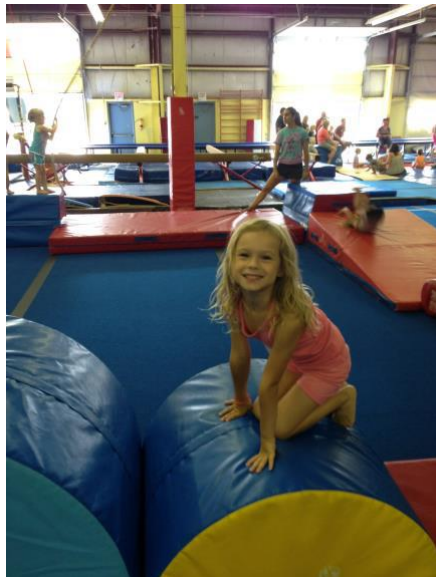
We believe people are responsible for their actions. We respect each other and the environment. Honesty will be the basis for all relationships and interactions. We will care for ourselves and others. Failure to follow these expectations may result in suspension or removal from camp.





Hamilton Gymnastic Academy
 1330 Sandhill Drive,
 Ancaster, Ontario. L9G 4V5
 Phone: (905) 648-3308

E-mail: info@hamiltongymnastics.ca
 Web Site: www.hamiltongym.ca



WHAT TO BRING

Lunch and Snacks- Full Day Campers bring their own lunch and 2 small snacks. Kinder Campers bring a mid morning snack. The Hamilton Gymnastic Academy is "Peanut Safe" therefore we ask that you do not send any foods with peanuts or peanut by products. Please send lunches in an insulated lunch bag

Running Shoes/Shorts, T-shirt, Hat, Sunscreen, Bathingsuit, and Towel. Pack these everyday for outdoor activities.



SIGN IN AND OUT OF CHILDREN

Children must be signed in/out by an adult 16 years of age or older every day. If your child is being picked up by someone other than the person dropping them off, please let the front desk know.

Tie Dye Tuesdays

Every Tuesday at HGA camps are Tie Dye Tuesdays. Tuesday campers will receive one HGA Camp shirt to Tie Dye. Please wear old clothes on Tuesdays. It will be messy! One shirt per summer. Please bring other items to tie dye if you already received a shirt for 2019.

Wet Wednesdays

Every Wednesday (weather dependent) Campers will go outside to cool off with fun water games. Please pack; bathingsuit/towel/sunscreen/hat for Wednesdays.

Pizza Fridays

Friday is Pizza Friday at Kids Camp. Full Day Campers please fill out your pizza order form and make payment by Friday morning to receive your Pizza order.

Parent's Day Show Friday

The last day of camp is a time for our campers to show their parents all the cool skills they picked up in the gym.

Kindercamp show 12:00-12:30
 Full Day camp show 4:00-4:30



HAMILTON GYMNASTIC
 ACADEMY

SUMMER CAMP 2019



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 Email: info@hamiltongymnastics.ca
 Website: www.hamiltongym.ca
 Established Non Profit 1981